

CURRICULUM VITAE

AMELIA ORTEGA, MSW, LCSW, TCYM

Amanecercounselingservices@gmail.com

Education/Professional Credentials

Completed, Institute on Pedagogy and Technology for Online Courses, Columbia University 2019



Licensed Clinical Social Worker, Pennsylvania State (License #CWO19645) 2017

Licensed Clinical Social Worker, New York State (License # 084882) 2016

Seminar in Field Instruction Certified, New York State (Hunter School of Social Work Program) 2013

Licensed Master Social Worker, New York State (License # 089711)

Master of Social Work, Columbia University School of Social Work 2007
Concentration: School Based Social Work, Advanced Generalist Practice and Programming

Bachelor of Arts, Hampshire College 2003

Concentrated in cultural studies and media production. Senior Thesis: From Camera to Conversation: Processes of Community Media Production

Academic Employment

Senior Lecturer, School of Social Work, Online Campus Columbia University 2020- Present

Lecturer/Adjunct Instructor, School for Social Work, Smith College 2015- Present

Lecturer, School of Social Work, Online Campus, Columbia University 2018- 2020

Adjunct Faculty, School of Social Work, Online Campus, Simmons College 2016- 2017

Senior Research Thesis Advisor, School of Social Work, Smith College 2015- 2017

Staff Associate/ Adjunct Faculty, School of Social Work, Residential Campus Columbia University 2015- 2018

Adjunct Facilitator, Master of Social Work Program, University of New England 2014- 2016

Adjunct Faculty, School of Social Work, Columbia University 2012- 2015

Teaching Associate, School of Social Work, Columbia University 2009-2012

Teaching Experience

Courses Taught at Columbia University

T660A Human Behavior in the Social Environment A (Fall 2013, Spring 2014, Fall 2014, Spring 2015, Fall 2015, spring 2016, Fall 2016, Spring 2017, Fall 2017, Spring 2018, Fall 2018, Spring 2019, Fall 2019, Spring 2020, Fall 2020 for Online Campus)

T711B Topics in Advanced Clinical Practice: Building Resiliency to Trauma (Course Developer Fall 2019, instructed Spring 2020, Spring 2021)

T660B Topics in Advanced Clinical Practice: Exploring the Gender Binary (Fall 2016 Course Developer, instructed Spring 2016)

T7100 Direct Social Work Practice I and II (Fall 2014, Spring 2014, Fall 2013)

T660B 001Isms Lab: Experiential Learning for Social Justice Practice (Spring 2013, Spring 2014)

T6009 Advanced Standing Integrative Seminar (Course convener and Faculty, Summer 2014)

Courses Taught at Smith College

334-02 Racism in the United States: Implications for Social Work Practice, Clinicians of Color (Summer 2016, Summer 2018, Summer 2020, contracted for Summer 2021)

334-05 Racism in the United States: Implications for Social Work Practice, Multiple Perspectives, Model I (Summer 2016, Summer 2018)

Courses Taught at Simmons College

SW 509 Evaluation in Social Work Practice (January 2016, Spring 2016)

SW 409 Dynamics of Racism and other Oppressions (January 2016, Spring 2016, Summer 2016, Fall 2016)

Courses Taught at University of New England

SSW 514 Program Evaluation/Utilization Focused Evaluation (January 2014- May 2016)

Clinical Practice Experience

Trauma Conscious Praxis Institute

6/2020 to present

Co-Founder and Lead Consultant

- Development of training and consulting services for small non-profit, direct service workers and mental health clinicians
- Webinar facilitation and development for “Frameworks for Trauma Conscious Facilitation 101

Amanecer: Feminist Psychotherapy Services

11/2016 to present

Clinician and Sole Proprietor

- Provide individual assessment, treatment planning, and trauma informed psychotherapy services to socio- culturally diverse adult population diagnosed with depression, PTSD, and other affective disorders
- Specialization work with LGBQQ and TGNC young adults and families, emerging adults with Foster Care involvement and individuals with complex trauma histories
- Active use of anti-oppressive and Feminist Psychotherapy frameworks for understanding trauma experience, issues related to marginalization, bias and mental health care
- Member of the New York State Trauma Recovery Network, providing pro-bono trauma therapy and EMDR sessions to NYC frontline workers impacted by COVID-19

Radicle Roots Collective

1/2018 to present

Clinical Consultant and Facilitator

- 2020, Collaborative Trainer for Webinar titled *Racial Trauma and Healing* and facilitation of racial affinity group post-presentation. Audience of 655 clinicians and direct service providers throughout the state of California.
- 2018-2020 Racial Affinity Group Facilitation
- Facilitate monthly Racial Affinity group sessions for direct care staff, clinicians and supervisors at a large state funded family and child welfare agency in Oakland, CA. Responsible for development of group engagement strategies and building on curriculum for group learning process

Columbia University, School of Social Work

1/2015 to 12/2018

Academic and Field Advisor, Office of Advising

- Responsible for Advising of a cohort of domestic and international students enrolled in the 16-month MSW Program
- Conduct site visits to field placements and work in collaboration with Field Instructors
- Responsible for the development, implementation and monitoring of Corrective Action Plans as needed
- Facilitation of monthly Advising Seminars and a three day Preparation for Practice training with focus on self reflective practice and anti-oppression strategies for engaging in First Year Field Work
- Tasked with monthly review of Process Recordings and distributing grades for the First Year Field Work Course

Smith College, School of Social Work

5/2015 to Summer 2018

Field Faculty Advisor, NYC and Philadelphia Areas

- Responsible for supporting students' development of theory-driven, research informed clinical social work practice values and practice orientation within Field Placements.
- Responsible for grading and feedback of all Field assignments
- Support for Field Instructors through use of Site Visits, feedback and dialogue throughout student clinical placement process

Aldea Counseling Inc., PC

1/2014 to 11/2016

Clinician

- Provide individual assessment, treatment planning, and trauma informed psychotherapy services to socio- culturally diverse adult population diagnosed with depression, PTSD, and other affective disorders
- Specialization work with LGBTQ young adults and families, emerging adults with Foster Care involvement and individuals with complex trauma histories
- Active use of anti-oppressive frameworks for understanding trauma experience, issues related to marginalization and mental health care
- Provide Psychosocial and Diagnostic Assessment
- Holistic, individualized resourcing for clients including use of meditation, grounding, aromatherapy and mind-body wellness approaches

Community Access, Dorothy McGowan Residence

6/2010 to 2/2014

Senior Clinical Social Worker

- Responsible for individual and group mental health, harm reduction, and trauma focused weekly counseling and crisis interventions
- Responsible for care coordination, public benefits systems navigation and advocacy, and collaborative psychiatric case planning
- Development of holistic health programming, psycho-educational groups and creative mental health interventions with LGBT formally homeless and previous foster care engaged young people
- Educational and employment assistance through individualized employment coaching, educational planning and

assistance with Higher Education processes for previous Foster Care involved young adults and adults with behavioral and mental health needs

- Contributing member of the Community Access Harm Reduction Committee, responsible for coordinating Harm Reduction based psycho-educational materials for agency consumers, and professional development opportunities
- Created and led site-specific trainings on topics such as: stress response process, motivational interviewing, empathy strain/burn out prevention and assessment, case presentation techniques.
- Field Instructor for Hunter School of Social Work, MSW 16 Month student intern. Tasks included development of Educational Plan, weekly supervisions, providing Process Recording feedback and targeted clinical psychotherapeutic intervention training.

Chinese American Planning Council, Project Reach NYC

1/2009 to 6/2010

Social Worker & Project Coordinator

- Responsible for the development and management of the OutRight Consortium's individual mental health counseling, case management and LGBTQI support-group systems
- School Based- outreach, support and counseling within multiple school partnership sites
- Provide individual, family, and group counseling on-site as well as within schools and community organizations as needed
- Support and development of original health access programming and services related to mental health, health and social justice organizing projects within partnership schools
- Responsible for the creation of curricula and professional development trainings specific to emerging Social Work issues and best practices for mental health and community health projects
- Facilitation of Project Reach's core Anti-Discrimination trainings and original workshops. Topics include: Homophobia/Heterosexism, Anti-Sexism, Gender 101, Youth Development 101 and Assets Based Approaches
- Task Supervision for Hunter College School of Social Work, MSW level intern

McBurney YMCA

8/2008 to 1/2009

Program Director, Teen and Middle School Programs

- Responsible for the management and supervision of all Branch-based, fee-for-service, and off-site High School-based Teen and Middle School programs.
- Recruit, train, supervise, and evaluate program coordinators, program staff and volunteers
- Ensure that supervisees receive appropriate training that is consistent with professional goals.
- Serve as Task Supervisor for MSW Intern placements.
- Develop, track, and manage departmental and government contract budget in accordance with Branch, Association and regulatory compliance
- Responsible for counseling and triage for all school based intensive case management needs

YMCA Teen Action at Washington Irving High School

5/2007 to 8/2008

Program Director

- Serve as a supervisor to staff, volunteers, interns and youth employees
- Responsible for Task Supervision of Clinical MSW and MFA college interns
- Organize and coordinate external relationships with collateral organizations based on student's needs
- Carry out School Based Case Management responsibilities as well as oversee informal counselors
- Employ crisis intervention, Harm Reduction and clinical mental health service linkages for teen participants
- Responsible for documentation and reporting for funding and collateral agreements
- Responsible for payroll, budget management and Program Contract compliance

YMCA Teen Action at Millennium High School

8/2006 to 5/2007

Leadership Development Coordinator, Intern

- Serve as adult advisor to the Teen Action Leaders' Club using a social work group method
- Responsible for the development and advising of the Millennium High School Gay-Straight Alliance and Phoenix

Video Program

- Conduct formal School Based Counseling sessions, documentation and CBO service linkages

Center for Urban Community Services; Times Square Hotel

8/2005 to 5/2006

MSW Intern & Case Manager

- Develop and maintain treatment plans in collaboration with severe and persistently mentally ill, HIV+, substance dependent clients.
- Provide individual counseling and goal planning with clients
- Conduct and document mental status exams, physical health and stability assessments for Individual clients
- Provide entitlements assistance for Medicare, Medicaid, HASA, and CASA clients

Publications, Peer Reviewed

Multi-Racial Identity and Trauma: Healing the Internal Family System; *Manuscript In Progress*

Ortega, Amelia. (2019) “They Don’t call it Work for Nothing”: Navigating Classism in Academic Relationships. Presumed Incompetent II, The Intersections of Race and Class for Women in Academia. University of Colorado Press.

Ortega, A., Marquart, M., and Andruczyk, M. (2018) Addressing microaggressions and acts of oppression within online classrooms by utilizing principles of transformative learning and liberatory education, Journal of Ethnic & Cultural Diversity in Social Work, 27:1, 28-40, DOI: 10.1080/15313204.2017.1417945

Ortega, A., Marquart, M., and Andruczyk, M. (2015, April 16). Addressing Acts of Oppression Within Online Classrooms: Best Practices and Collaborative Solutions. Workshop presented at the Social Work Distance Education Conference, Indianapolis, IN. Slides deposited in Columbia University’s Academic Commons: doi:10.7916/D8PK0F9H

Selected Media Mentions

Marquart, M. & Folk, K. (2021, January 7). Twelve Online Educators Share Advice and Encouragement. Association of American Colleges & Universities Liberal Education Blog. <https://www.aacu.org/blog/twelve-online-educators-share-advice-and-encouragement>

New York Times, 2017 “Back-and-Forth on DACA Leaves Young Immigrants ‘Just Dangling’”
<https://www.nytimes.com/2017/09/22/nyregion/daca-program-young-immigrants-feeling-helpless.html?mcubz=1>

Marquart, M. 2017 Celebration of Teaching and Learning Symposium, “Strategies for Successfully Engaging all students in Live Synchronous Online Classes” Poster Presentation.

Columbia University School of Social Work, 2017 “Using Tele-Health”, Interview
https://www.youtube.com/watch?v=iKyruPMp1wE&ab_channel=ColumbiaUSchoolofSocialWork

Marquart, Fleming et al. (2016). Instructional Strategies for Synchronous Components of Online Courses. In D'Agustino, S. Creating Teacher Immediacy in Online Learning Environments. IGI Global. <http://doi:10.4018/978-1-4666-9995-3>.

Invited Presentations and Selected Trainings

Accepted Winter Roundtable Presenter, Columbia University Teachers College 2/2021

Guest Presenter, Hampshire College, James Baldwin Scholars Program 8/2020
Topic: Trauma and the Body: Building Personal Insight to Reduce Harm

Guest Presenter, George Washington University, LGBTQ Health Certificate Program 7/2020
Topic: Strong Practices in Mental Health Care with LGBTQ Community

Trainer, St. Cloud University Anti-Racist Pedagogy Across the Curriculum 6/2018

Trainer/Facilitator, Columbia University CEU Workshop “Antidotes to Whiteness: Somatic Techniques for Anti-Racism Facilitators”	3/2017
Trainer, St. Cloud University Anti-Racist Pedagogy Across the Curriculum	6/2017
Guest Lecturer, University of California Berkeley “Harm Reduction in Clinical Practice”	4/2016
Presenter, CSWE Distance Learning Conference Addressing Acts of Oppression within Online Classrooms: Best Practices and Collaborative Solutions	4/2015
Panelist, Columbia University School of Social Work Deconstructing Mental Health Stigma and Barriers in Communities of Color	4/2014
Panelist, U.C Berkeley Center for Gender and Law Presumed Incompetent Symposium: Presented on the topic of “Solution Building: Addressing internalized oppression for women of color teaching in higher education”	3/2013
Workshop Facilitator, Trans Justice Support Group Audre Lorde Project, Brooklyn NY. Designed and facilitated original training for trans women’s support group Topic: Beyond Body Image, Understanding Sizeism	4/2010
<i>Certifications</i>	
EMDR Clinical Training Part III, <i>Laurel Parnell Institute</i>	2020
Certified, Opioid Overdose Prevention Naloxone Administrator. <i>Harm Reduction Coalition and the State of NYC Department of Health.</i>	
Certified 25-hour <i>Trauma Conscious Yoga Institute</i> in Trauma Conscious Yoga Method	2019
EMDR Clinical Training Parts I and II, <i>Laurel Parnell Institute</i>	2017
Completion of EMDRIA Required Supervised Clinical case hours	
<i>Honors & Awards</i>	
Recipient of the Sapphire Leadership Award, <i>NASW – NYC</i>	2020
Recipient of the Latinos 40 Under 40 Award NYC, <i>Negocios Now</i>	2019
Recipient of the Steven Schinke Teaching Innovation Award <i>Columbia University School of Social Work</i>	
Recipient of the Adult Cultural Pride and Competency Award <i>YMCA of Greater New York Assets Champions</i>	2008
Recipient of the Gonzalez Scholarship, Columbia University	2007
Recipient of the School of Social Work Merit Scholarship, Simmons College	2006